God is love.

These three words from our second reading were penned by the Apostle John toward the end of his life when he was elderly, in his late 80s.

Jesus had been gone for yearsand John was the last Apostle left standing. All the othersdead and gone.

At the far end of his life when he had distilled all his thoughts his experiences and his theology it came down to these three words, God is love.

To understand them let's go back at least 60 years to the fateful night before Jesus died.

At that Passover table in the Upper Room where Jesus gathered with his friends that night, this same John, then the youngest disciple, probably a teenager, was right next to Jesus....
.....Right beside to Jesus waaay inside his comfort zone.

It's how dinner parties
were done in the ancient Middle East.
It's still done that way in many parts of the world.
No high tables.
No straight back chairs
in perfect rows.
Instead, everyone reclined
at a single low table together.

The diners all reclined on cushions around itfeet back- body forward.

And John was right there...in the place closest to Jesus, reclining on Jesus' chest.

As John himself says in our second reading "no one has ever seen God."

But mysteriously

there that night
young John dined with Jesus
leaned on Jesus
learned from Jesus,
looked up from about 18 inches away
as Jesus first broke the crusty bread
and raised the wine red cup.

And there God was WITH John. John was with GOD. John saw God. and that God is love.

Sixty years later
John was still pondering that dinner party,
the night he reclined on Jesus chest.

That bread and that cup said to John over and over "God is love."

Just think of all the thousands of times John the Apostle sat at table, took part in communion, through decades,and decades later he is still pondering what it all means.

We call this Table and our eating and drinking together here by a variety of names...

Holy Communion...... Eucharist the Sacrament of the Altar..... the Lord's Supper.

But you know what it was first called by those first followers of Jesus' Way?

It was called the Agape, the Love Feast.

Every week
Every Sunday,
every day,
every moment,
we are reminded,
God is love.

Every time
We experience love
Anywhere
Any time
From anyone
In any way
We are celebrating Holy Communion.

Where we parents care for our children God is love.

Where two lovers encounter each other God is love.

Wherever we feed the hungry Shelter the homeless Visit the lonely God is love.

This Sunday Table is the visual touchable smellable tastable version of John's three words: God is love.

Here we gather And seeking, we find That something more, Whose very name is Love.

That Sunday Table Is set over and over again During the week.

During our quiet time following the sermon ponder this: whether you are coming here for the first time or you've been at this table since before most of us were born:

What do you feel at this table?
Do you know that God is with you?
Like Jesus
Like the Apostle John
Do you understand and experience that God is love?

Where else is that Table being set in your life today?

In the name of the One who sets this Table, In the name of one whose Name is Love. Amen.