



# THE CHRONICLE

Mankato, Minnesota

March 2011

## *Paul's Ponderings*

### This Month's Happenings

Kinda weird, this long season after Epiphany. In fact, this is the largest gap between the Feast of Epiphany and Ash Wednesday: nine Sundays! But it's been really nice to have this time to spend with the Gospel readings we've had these days. And this stretch of time has given me some fruitful time to think about our spiritual lives here at St. John's and to ponder how we might drink more deeply from the well of Anglican spiritual practice in our individual and corporate lives.

On Wednesdays this Lent, we'll do exactly that as I invite you to nurture some spiritual practices with which you are familiar and discover other practices which may stretch and challenge you in new ways.

Using the book *In Your Holy Spirit: Traditional Spiritual Practices in Today's Christian Life*, by Michele Heyne, you will:

- *Assess your spiritual life*
- *Learn about a system of spiritual practice, grounded in the tradition, rather than a piece-meal or smorgasbord approach*
- *Experiment with ancient and traditional practices to serve life in a modern world*

Mar 2	ECW Mtg., The WOW Zone, noon
Mar 4	World Day of Prayer, 9 am
Mar 6	Outreach Mtg., noon
Mar 8	Shrove Tues Pancake Supper, 5-7pm
Mar 9	Ash Wed, noon/7pm
Mar 12	Men's Group, 8 am
Mar 13	"Dance" Team Mtg., 130 pm
Mar 15	St. Julian's Mtg., 7 pm
Mar 19	Green Team Mtg., 9 am
Mar 20	ECHO Baby Party, after 1030 service
Mar 20-22	Healing of Memories Workshop
March 27	Vestry Mtg., noon
March 31	Altar Guild, 9 am

*More Inside...*

- *Develop or refine your own spiritual discipline*

Participants will be asked to complete some readings and to spend some time exploring the spiritual practices examined in each session. Twenty (20) books are available in the Office and are free of charge (but donations will certainly be accepted!). You may also order the book online at <http://www.episcopalbookstore.com> (tell them I sent you!).

The schedule for our Wednesdays in Lent is:

- 530pm— Stations of the Cross
- 6-630pm— Soup Supper
- 630-730pm— Class

(Continued from page 1)

**Dates**

- March 16— Overview; Weekly Spiritual Practice: Holy Eucharist [Advance reading: Introduction, Chapters 1 & 2]
- March 23— Daily Spiritual Practice: The Prayers of the Church [Advance reading: Chapter 3] March 30— Integrating Practice: Reflection [Advance reading: Chapter 4]
- April 6— Integrating Practice: Community [Advance reading: Chapter 5]
- April 13— Service [Advance reading: Chapter 6]
- April 20— Maintaining & Changing Our Spiritual Practice [Advance reading: Chapter 7]

I do hope that you will join us for what promises to be an enriching Lenten experience.

Thanks be to God!



**BIRTHDAYS:**

- March 02 - Helen Dudash
- 06 - Emily Kolbinger
- 08 - Ellie Canavin
- 10 - Quinn Mackie
- 14 - Ricky Curtis
- 16 - Ann Clark
- 18 - Chris Corley
- 21 - Gay Schultz
- 30 - Alex Keller
- 31 - Cathie Neitge

**ANNIVERSARIES:**

- March 21 - Larry and Betsy Fowler



**YAY! BABIES!**

**St. John's Men's Shrove Tuesday Pancake Supper**

Bring your family and come join the men of St. John's Episcopal Church for a Fat Tuesday pancake feed to prepare for Lent.

**What:** Pancake supper

**Where:** St. John's Episcopal Church, Broad and Warren Streets

**When:** Tuesday, March 8<sup>th</sup>, 5:00 to 7:00 PM

**How Much:** \$5 for adults, \$3.00 for children

On March 20 we will be gathering to celebrate our youngest addition to St. John's family as we also contribute to ECHO food shelf babies.

Yes, it's our annual ECHO Baby Party but we're doing something a little different this year. We'll be partying after our 10:30 service, with cake and appetizers and an opportunity to spend time with Kenneth Zimmerman and his parents, Eric and Jerusha.

St. Julian's members will be providing refreshments and invite you to bring baby items to donate to families who use ECHO Food Shelf. Please join us for a joyous welcome and a great cause.



## St. John's Outreach Committee

*Matthew 25:35"...for I was hungry and you gave me food, was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me." 40"...Truly I say to you, as you did it not to one of the least of these, you did it not to me."*

St. John's Outreach Committee met Sunday, February 6. The meeting was opened with prayer.

**Women for Women International.** Women for Women International provides women survivors of war, civil strife and other conflicts with the tools and resources to move from crisis and poverty to stability and self-sufficiency, thereby promoting viable civil societies. This is accomplished by providing financial aid, job training, rights awareness and leadership education. The committee donated \$100.

**Bread for the World.** In sub-Saharan Africa, the world's poorest people are barely surviving on famine foods: roots, grass, and mud cakes. This organization is a collective Christian voice urging our nation's decision makers to end hunger at home and abroad. We added our voice by contributing \$25.

**Partners for Affordable Housing.** We donated \$75 toward Theresa House.

**Undie Sunday Report.** St. John's made a fantastic effort collecting undergarments for the needy. We collected three boxes of men's, women's, and children's items. It is a new idea for this community and I believe we got a good start on this mission and will have another Undie Sunday next year. This is a commodity that is often overlooked or just not discussed, but is just as necessary as other items of

clothing. The items will be distributed before the beginning of Lent.

The Outreach committee meets the first Sunday of each month. Participation in this committee is open to all members of St. John's. Join us in caring for the needs of others.

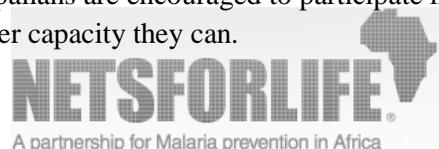
## NetsForLife® Mission Project, Lent 2011

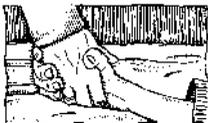
At the Diocesan Convention in October 2010, Bishop Prior invited the Episcopal Church in Minnesota to participate in an annual mission project within which we act together as one body in Christ with a strong, effective focus.

NetsForLife® builds on Minnesota's previous MDG efforts and joins the national church's commitment to combat malaria. Malaria is a preventable and treatable disease. Every year approximately 1 million people, mostly children, die from this infection. NetsForLife® provides long-lasting treated nets that have been shown effective at preventing the spread of malaria and are approved by the World Health Organization. Combined with education and training, this work will improve more than 21 million lives in 30,000 communities across the continent. Each net costs \$12 and can protect three people for up to five years.

The goal for Mission Project 2011 is to donate the same number of nets as there are Episcopalians in Minnesota--roughly 20,000.

St. John's Episcopal Church in Mankato will be joining this mission with the Episcopal Church in Minnesota. This is a project that will involve our church during Lent. There will be a brief video shown and Sunday school children will participate with crafts. This is a major effort in which all Episcopalians are encouraged to participate in whatever capacity they can.





## Nursing Home Ministry

From time to time St. John's is responsible for providing worship to the residents of our area nursing homes. Most of the time, our rector Paul has done these on his own but he'd like to share the joy. And it is such a wonderful joy to be able to share God's Word and to sing and pray with our elderly neighbors!

We are looking for volunteers to assist in this important ministry. No special talent is necessary, but if you play a musical instrument or like to tell stories or read, that'd be great. Volunteer duties may include, but are not limited to: assisting the residents with songbooks, showing hospitality, and encouraging participation among the worshippers.

This ministry involves one hour of your time on a Wednesday afternoon approximately four times per year. Please call the Church Office at 388.1969 or speak to Paul if you would like to be put on this volunteer list. Many elderly are unable to worship in their own church on Sunday. This ministry is a wonderful opportunity to share God's love with them! Our next scheduled service is at Oaklawn Nursing Home on 6 April at 345pm.

### **FOOD FOR FRIENDS**

We will be hosting lunch at the Salvation Army Kitchen on Saturday, April 2nd. Please look for the sign-up sheet at coffee hours in the next few weeks. We will be asking for our famous meat loaves, fruit & jello salads, workers and cash! If you have any questions please call the Splinters (243-3505) or the VanStelten's (278-3804).

### **St. John's Dance Team**

See what the buzz is all about! Our Dance Team is up and going strong. As we continue to explore ways that we at St. John's can share the Joy of Christ with our community, we can certainly use YOUR input! We've already come up with a few projects — Dance Sessions? — for the year and are eager to bring others on board. Join us for our meetings, the second (2nd) Sunday of each month at 130pm.

### **12 Steps to a Compassionate Life**

Our Adult Class gears up every Sunday at 930am. We are discussing the book *Twelve Steps to a Compassionate Life* by Karen Armstrong. You may order this book through Amazon.com or pick it up in the local bookstore, but you do not have to have a book to participate in our discussions. Come join us for what is a meaningful conversation on how we can become more compassionate in our daily lives as individuals and as a society.

### **SPRING RUMMAGE SALE**

ECW will host a rummage sale

**April 27 - 30**

Please "recycle" your gently used clothing, CD's, DVD's, books, toys, shoes, luggage, purses, games, small furniture, and kitchen & household items!! Wrap securely and put in storage room at the bottom of the stairs. (please - no exercise equipment)

Questions?

[moljam@hickorytech.net](mailto:moljam@hickorytech.net)

Ann 387-4396



## TREASURER'S NARRATIVE JAN 2011

The offerings for January totaled \$13,957, including the \$1,235 that St. Julian's Guild transferred into the General Fund to close out their checking account. The expenses and revenues of the Guild will be handled through the General Fund from now on. Our expenses for the month totaled \$12,789. We received \$382 in offerings to the Property Escrow account and paid out \$235 from the Capital Investment account for parts to repair the heating system. Our balance in the Capital Investment Account was \$26,703 at the end of the month and was \$37,988 in the Property Escrow Account.

Respectfully submitted,

Nickie VanStelten, Treasurer

St. Julian's Guild will next meet on Tuesday, March 15, at 7:00 pm in the library at St. John's. We will be putting together our final details for the ECHO Baby Shower and welcome all to join us.

Church Women United will host a World Day of Prayer Celebration on Friday, March 4, at 9:00 am. They will meet at First Presbyterian Church, 502 E. Prince Street in Lake Crystal. The program has been written by women of Chile and is entitled "How Many Loaves Have You?...What Are Your Gifts?...What Can You Share?"

It is suggested that attendees bring bread (commercially baked) to be donated to the Food Shelf and the Salvation Army. All are welcome.

## EVENTS IN THE DIOCESE

### March 20-22: Healing of Memories Workshop

A Healing of Memories Workshop with Fr. Michael Lapsley will be held March 20-22 at Christ the King Retreat Center in Buffalo, MN. The workshop begins on Sunday at 6:00 p.m. and ends at 2:00 p.m. on Tuesday. Cost is \$375. For more information: Margaret Fell, 612-518-6808.

### First annual Bishop's Family Day

**April 2, 10am-4pm**

Bring the family to spend a day with Bishop Prior and the Episcopal Family of Minnesota at the First Annual Bishop's Family Day, held at St. Mark's Cathedral on April 2. The day's events include: Workshops to help your family grow spiritually, labyrinth walk and Cathedral tour, closing liturgy led by Bishop Prior, prayer, blessings, games, music, songs, and more! Specifically, the workshop "Engaging in Sunday liturgy and beyond" will include Nan Zosel and John Bellaimey as facilitators. There is a small fee for this event. Scholarships available by contacting Mindy Boynton at 651-439-2609. An informational flyer is available at [www.episcopalminn.org](http://www.episcopalminn.org).

### EPISCOPAL CHURCH WOMEN

**ECW will meet**

**Wednesday**

**March 2**

**noon**

**"The WOW Zone"**

**RSVP**

**[moljam@hickorytech.net](mailto:moljam@hickorytech.net)**



### Green Kitchen Tips

From Kristen Cvancara and [www.sierraclub.org](http://www.sierraclub.org)

Here are a few simple tips for cutting down on waste in the kitchen.

- **Reuse glass jars:** Glass jars are great for transporting soups, smoothies, and other liquids to work. No more exploding plastic containers!
- **Take the no paper towel challenge!** Use one cloth towel for counters and another for clean dishes. Once either is spoiled by perishables, just toss it in the laundry and grab a clean one. Your wallet and our nations' forests will thank you.
- **Try a multitasking soap,** such as Dr. Bronner's all-one soap. Its gallon jugs, made of 100 percent post-consumer recycled materials, are actually less expensive than the smaller bottles, and can be used on everything from your dishes to your body to your laundry.
- **Reuse old bottles:** Keep old squeeze bottles from your kitchen to use as bottles for your hair-care and cosmetic needs. Plastic salad dressing and cooking-oil bottles can be cleaned and refilled with soap, lotion, or shampoo.

*March is Food Share  
Month in Minnesota*

### Lent Schedule

March 8	5-7pm	Pancake Supper
March 9	Noon	Ashes/
Ash Wednesday	7pm	Holy Eucharist
Every Sunday	8am 1030am	Holy Eucharist
Every Tuesday	530pm	Evening Prayer
	730am	Morning Prayer
Every Wednesday	530pm	Stations of the Cross, Soup Supper, Program
Every Thursday	Noon	Brown Bag Retreat
	530pm	Evening Prayer
Every Saturday	430pm	Contemplative Prayer
April 17 Palm Sunday	8am 1030am	Palm Sunday Holy Eucharist
April 21 Maundy Thursday	7pm	Holy Eucharist/ Night Watch
April 22 Good Friday	Noon	Liturgy
	7pm	Stations of the Cross
April 23 Holy Saturday	9am	Liturgy of the Word
April 24 Easter Day	6am	Easter Vigil/ Holy Eucharist
	1030am	Festival Eucharist

# Lay Ministry Schedule

	8:00 AM SERVICE	10:30 AM SERVICE
<p><b><u>March 6</u></b>                      Greeters                      Lectors (1,2)                      LEM                      Coffee Hour Hosts</p>	Don Duncanson, Judy Anderson Bobbie Seberson, Cathie Neitge Stephen Deeren Anderson/ Hadley	Mary Yurek, L Peterson, Peter Poulos Meg Stump, John Paul Nickie VanStelten, Gerry Schneck Gray/ E. Olson
<p><b><u>March 13</u></b>                      Greeters                      Lectors (1,2)                      LEM                      Coffee Hour Hosts</p>	Don Duncanson, Judy Anderson Pam Oster, Leslie Peterson Stephen Deeren	Peter Poulos, Joe Hogan, Pat Johnson Audrey Splinter, Ray Splinter Karl Mundell, Pam Bartholomew Schneck
<p><b><u>March 20</u></b>                      Greeters                      Lectors (1,2)                      LEM                      Coffee Hour Hosts</p>	Don Duncanson, Judy Anderson Bobbie Seberson, Pam Oster Stephen Deeren	Peter Poulos, Jordin Johnson, E Olson Candace Black, Andrew Westberg Joan Hertel, Ann Clark Splinter
<p><b><u>March 27</u></b>                      Greeters                      Lectors (1,2)                      LEM                      Coffee Hour Hosts</p>	Don Duncanson, Judy Anderson Leslie Peterson, Cathie Neitge Stephen Deeren	Peter Poulos, Jan Mickelson, C Black Bill Gray, Ginny McNear Karl Mundell, Nickie VanStelten Stump

Please do note that we are meeting in the Parish Library five minutes prior to each service of worship for a gathering prayer.

As always, if you are unavailable on your scheduled date, please make your own substitutions and inform the Church Office at [stjohns@hickorytech.net](mailto:stjohns@hickorytech.net) no later than the Wednesday prior. That way we can be sure to include the right list of servers in our Weekly Evangelist and we can send the service reminder to the right person! Thanks!



## Altar Guild in March

8:00 a.m. Libby Duncanson

10:30 a.m. Elaine Larson, Elsie Olson

Monthly meeting Thursday, 3/31/11 at 9 a.m.

Thank you for your Altar Guild service.



SAINT JOHN THE EVANGELIST  
EPISCOPAL CHURCH  
Praying, Working, Growing, Dancing, in Christ  
PO Box 1119  
Mankato, MN 56002



## St. John the Evangelist Episcopal Church

Corner of Broad and Warren Streets, Mankato, Minnesota

**Office Hours:** Tuesday, Thursday, 10 AM—1 PM

Wednesday, 10 AM—4 PM

**Office Phone:** 507.388.1969

**Rector Study:** 507.388.5150

**Rector Cell Phone:** 612.695.4431

**The Reverend Paul Rider, Rector:** paulplus@hickorytech.net

**Office e-mail:** stjohns@hickorytech.net

**Web Site:** www.stjohnsmankato.com



Articles for *The Chronicle* may be submitted to Betty Winkworth by the 20th of the month. E-mail her at jbwink@charter.net or send articles to 907 Baker Avenue,